



MAMA GAIA

APPETIZERS

LA DIVINA INSALATA DI MAMA GAIA CON ASPARAGI, MELE VERDI, FOGLIE DI VERDURE, NOCI, OLIO D'OLIVA LIMONE E PARMIGIANO	12
Mama Gaia goddess salad, asparagus, green apple, salad leaves, walnut, lemon, Parmesan NDS	
INSALATA DI INDIVIA, NOCCIOLE, CAPPERI, UVETTA, PARMIGIANO, SALSA DI SESAMO TOSTATO	9.5
Endive salad, hazelnut, capers, raisin, Parmesan cheese, roasted sesame dressing DN	
INSALATA DI POLPO, INSALATA DI POLPO, POLPO MARINATO CON FAGIOLINI, PATATE, OLIVE E VINAIGRETTE DI SALSA AL LIMONE E SENAPE A GRANI	15
Marinated octopus, green beans, potato, olive, whole grain mustard lemon dressing FEDN	
BURRATA, POMODORO, RUCOLA, FINOCCHIO A FETTE, OLIVE VERDI, RIDUZIONE DI ACETO BALSAMICO, OLIO VERDE	12.5
burrata, tomato, arugula, shaved fennel, green olive, Balsamic reduction, green oil D	
INSALATA DI CAVOLINI DI BRUXELLES, PARMIGIANO, MANDORLE TOSTATE, MIRTILLI ESSICATI, OLIO E LIMONE	11
Shaved Brussel sprouts salad, Parmesan cheese, toasted almond, dried cranberry, lemon and EVOO dressing DN	
CARPACCIO DI MANZO, RUCOLA, SCAGLIE DI PARMIGIANO, OLIO E LIMONE	13
Black Angus beef carpaccio, arugula, Parmesan flakes, EVOO and lemon D	
CARPACCIO DI PAGELLO CON FINOCCHI, RUCOLA E LIMONE	12
Red snapper carpaccio, fennel, arugula, lemon, pink pepper F	
TARTARE DI TONNO EVOO E LIMONE SERVITA CON CROCCANTE DI LAVASH	14
Tuna tartar, lemon, chives, lavash cracker & EVOO FGN	

HOT APPETIZERS

MELANZANE FRITTE ALL' ALGHERESE, RICOTTA ALLE ERBE, GOCCE DI MIELE E SEMINI	9
Alghero fried eggplant, ricotta herb whip, honey, and black seed GDN	
FRITTO MISTO DI PESCE FRESCO E FRUTTI DI MARE, ACCOMPAGNATO DA AIOLI AL POMODORO SECCO E PINOLI	17
Frito misto of fresh fish, shellfish, sundried tomato & pine nut aioli EFGS	
PASTA	
<i>Gluten free pasta available on request</i>	
RIGATTONI CON POMODORO, MELANZANE E BASILICO	11
Rigatoni pasta, eggplant, tomato, mozzarella, basil DG	
PENNE CON RAGU DI MANZO ALLA BOLOGNESE	14
Penne with Bolognese beef ragu, grated Parmesan DGA	
GNOCCHI DI PATATE IN SALSA ROSA LEGGERMENTE PICANTE CON POMODORO CILIEGINI, BURRATA E BASILICO, PISTACCHIO	15
Potato gnocchi, rosa sauce, chili, cherry tomato, burrata, basil and pistachio G DEN	
SPAGHETTI AL FAROUK, SCAMPI, SALSA CURRY, PANNA E ERBA CIPOLLINA	16
Spaghetti Al Farouk, saffron, shrimp, curry, cream FSD	
FREGOLA DI SARDEGNA MANTECATA CON FRUTTI DI MARE	16
Sardinian semolina fregola simmered with seafood FASGD	
RISOTTO AI PORCINI, E FUNGHI DI CASTAGNO CON AROMA DI TARTUFO PARMIGIANO GRATUGIATO	16
Porcini & chesnut mushroom risotto with truffle essence & grated Parmesan ADG	
ITALIAN RISOTTO ALLO ZAFFERANO E PARMIGIANO	15
Saffron risotto with Parmesan AD	
PENNE FLAMBATE ALLA VODKA CON PANNA E PARMIGIANO PROFUMATE AL TARTUFO	15
Penne flambè with Vodka, cream, Parmesan and truffle essence ADG	

PIZZA

PIZZA BURRATA	14
Tomato sauce, burrata, basil	G D
AL FUNGHI	14
Shaved chestnut mushroom	G D
PIZZA DI PASTA MADRE CON SALAME DI MANZO MILANO, RUCOLA E PARMIGGIANO	14
Beef salami Milano, arugula and Parmesan	G D

MAIN COURSE

SPIGOLA ALL' ACQUA PAZZA CON POMODORINI, FINOCCHIO AFFETTATO SOTTILE, CIPOLLOTTI	15
Sea bass Acqua Pazza, shaved fennel, green onions, cherry tomatoes, and lemon	A G
FILETTO DI POLLO BIOLOGICO, SALSA DI FUNGHI PORCINI, FUNGHI CREMINI E SALSA AL FONDO DI MANZO	15
Organic chicken filet, porcini mushroom, chestnut mushroom, green olive, beef jus sauce	G D
PICCATA DI VITELLO, AL LIMONE, PUREA DI PATATE E CAVOLFIORRE	20
Veal piccata with lemon, potato and cauliflower puree	D G A
MILANESE DI VITELLO CON RUCOLA POMODORINI E SCAGLIE DI PARMIGGIANO	25
Veal Milanese, arugula, shaved Parmesan, cherry tomato	G E D
FILETTO DI SALMONE AL FORNO CON VINO BIANCO, ZUCCHINE, FINOCCHI, PORRO E SEDANO, AROMATIZZATO ALLO ZAFFERANO	22
Roasted salmon, courgettes, fennel, leek, celery, saffron	F

SHARING PLATES

PAELLA AI FRUTTI DI MARE, RISO ALLO ZAFFERANO, SCAMPI, COZZE E CAPPESANTE AL LIMONE	45
Seafood paella, saffron rice, shrimp, scallop, mussels with lemon	F S

PESCE DEL GIORNO AL FORNO IN CROSTA DI SALE SERVITO CON PATATE AL VAPORE, VERDURE GRIGLIATE E CONCASSEA DI POMODORI E LIMONE	55
--	----

Whole salt crusted market fish of the day, served with steamed potatoes, grilled vegetables, chopped tomato and lemon

FROM THE GRILL

FILETTO DI MANZO ANGUS SERVITOR CON UNA RIDUZIONE DI CARNE	28
Black Angus beef tenderloin, beef jus 200gm	G D
COSTATO DI MANZO SERVITOR CON UNA RIDUZIONE DI CARNE	36
Black Angus beef rib eye, beef jus 350gm	G D

SIDE DISHES

VEGETALI ALL GRIGLIA	6
Grilled seasonal vegetables	
PUREA DI PATATE	6
Mashed potato	D
PATATE FRITTE	6
French fries	
PATATE AL FORNO	6
Roasted herb potato	D
SPINACI AL BURRO	6
Sauteed spinach	D
ASPARAGI ALLA GRIGLIA	9
Grilled asparagus	
FUNGHI DI CASTAGNO IN PADELLA	6
Sauteed chestnut mushroom	D

DESSERT

CLASSIC TIRAMISU D E G	6
CHEESECAKE SICILIANA AL FORNO CON SALSA ALL'ARANCIA E VANIGLIA	7
Baked Siciliana cheesecake with orange and vanilla sauce D E	
PROFITEROLES FARCITI CON CREMA ALLA NOCCIOLA, GRANELLI DI PISTACCHIO, SALSA TIEPIDA AL CIOCCOLATO	6
Profiteroles, hazelnut cream, chocolate & crushed pistachios G D	
CARPACCIO DI ANANAS CON UN PASSATO DI FRUTTO DELLA PASSIONE E SORBET AL LIMONE	6
Pineapple carpaccio, passion fruit coulis and lemon sorbet	
GELATI E SORBETTI ITALIANI (PER SCOOP)	3
Italian vanilla, chocolate, pistachio sugar free, hazelnut sugar free, blackberry sorbet, lemon sorbet D E	

SIGNATURE COCKTAILS

GREEN GODDESS TONIC 9

Haymans gin, cucumber & pepper shrub, fresh basil, rosemary syrup, fresh lemon juice, topped with tonic water

APRICOT SOUR 8

Bourbon whisky, angostura bitters, orgeat, apricot puree, honey, lemon juice & egg white **E**

TIKI BRANCA 9

Jägermeister, Chartreuse, Fernet Branca, angostura bitters, passion fruit, cinnamon syrup & tonic water

MAMA'S BELLINI 12

Italian sparkling wine & homemade peach puree

BELLISSIMA 8

Russian standard, Pama Pomegranate, elderflower, lemon juice & pomegranate seeds

FARAWLA NEGRONI 9

Strawberry infused Campari, Bombay Sapphire with Vermouth Rosso

INCENDIO! 9

Se Busca mezcal, Aperol, orange liqueur, agave, chilli, coconut milk & fresh lemon juice

NON-ALCOHOLIC COCKTAILS

EARTH ELIXIR 5.5

Concentrated Earl Grey tea, passion fruit puree, thyme, vanilla, fresh lemon juice, topped up with tonic water

OFF THE VINE 5

Watermelon & lemongrass shrub, strawberries, cucumber, honey, lemon juice & tonic water

ORCHARD-TO-GLASS 5.5

Passion fruit puree, mango, pineapple juice, elderflower, mint & lemon juice

SEASONAL MOJITO 5

Fresh fruit of choice, lemon juice, mint leaves, dash of sugar syrup & soda water

DÉJÀ VU 6

Fresh blueberries, lavender, lemon juice, butterfly pea flower tea & soda water

SPIRITS SELECTION

GIN	SHOT	BOTTLE	WHISKY - SINGLE MALT	SHOT	BOTTLE
Haymans Old Tom Gin	6.25	75	Glenfiddich 12yrs	9	125
Bombay Sapphire	6.25	70	Glenfiddich 15yrs	10	155
Tanqueray	6.25	70	Glenfiddich 18yrs	12.5	190
Tanqueray Ten	8	90	Glenlivet 15 yrs	11.5	165
Sipsmith	8	110	Glenlivet 18 yrs	13	190
Gunpowder	8	110	Dufftown Singleton	11	170
Hendrick's	8	110	Glenmorangie 10yrs	10.5	140
			Talisker 10yrs	11	165
			Lagavulin 16yrs	13	210
			Macallan 12yrs	11	165
VODKA			BLENDED		
Russian Standard	6.25	72	Chivas Regal 12yrs	7.5	90
Russian Standard Platinum	6.5	78	Chivas Regal 18yrs	13	175
Tito's	6.25	70	Johnnie Walker Black Label	7.5	90
Stolichnaya Gold	7	70	Johnnie Walker Double Black Label	9.5	135
Stolichnaya Elite	9	150	Johnnie Walker Gold Label	13	180
Grey Goose	8	98	Johnnie Walker Blue Label	27	420
Belvedere	8	98	J&B Rare	6.25	70
Beluga Noble	8	105			
Beluga Transatlantic	9	110	BOURBON		
Beluga Gold Line	19	305	Jim Beam	6.25	70
Ketel One	7	95	Jack Daniel's	6.25	70
			Woodford Reserve 1L	9	120
RUM			JAPANESE		
Bacardi White	6.25	70	Akashi Japanese Blend	11	110
Captain M. Spiced	6.5	80	Kamiki Japanese Blend	11.5	150
Havana Club 3yrs	6.5	70	Hibiki	17	210
Cachaca	6.25	70	IRISH		
Diplomatico Reserve Exclusiva	8	84	Jameson	6.25	70
Pampero Aniversario	11	150	COGNAC		
Zacapa 23	11	150	Camus VS	9	104
			Hennessy VS	9	115
			Hennessy VSOP	12	210
			Courvoisier VSOP	12	210
MEZCAL					
Se Busca Mezcal Joven	7	98			
Se Busca Mezcal Reposado	7.5	105			
Se Busca Mezcal Anejo	8.5	118			
TEQUILA					
Jose Cuervo Silver	6.25	70			
Jose Cuervo Gold	6.25	70			
Lunazul Reposado	8	84			
Herradura Reposado 70 cl	9	120			
Patron Silver	10	120			
Patron Reposado	10	130			
Don Julio Blanco	10	125			
Don Julio Reposado	10.5	135			
Don Julio 1942	15.5	215			
Clase Azul Tequila Plata	13	180			
Clase Azul Reposado	17	250			

LIQUEUR

Sambuca Romana White	6.5	70
Jägermeister	6.5	74
Choya Sake	6.5	70
Campari	7	74
Aperol	7	70
Skinos Mastiha	7	74
Fernet Branca	6.5	70
Limoncello	7	70
Arak Crystal	6.5	50
Arak Alraah	7	50

BEER

Amstel	6
Carakale Blonde Ale	6.5
Corona	8
Peroni	8

H2O

Acqua Panna small	3
Acqua Panna large	5.5
S. Pellegrino small	3.5
S. Pellegrino large	4.5
Clara small	2.5
Clara large	4

SOFT DRINKS

Pepsi, Diet Pepsi, 7up, Diet 7up, Mirinda, soda, tonic, bitter lemon, ginger ale	3.5
Red Bull	4.75

JUICES

FRESH	5
orange, lemon, grapefruit, tomato	
CHILLED JUICES	3.25
apple, cranberry, mango, pineapple	

ICED DRINKS

Espresso Affogato	5.5
Iced Cappuccino	4
Caramel Frappe	4
Iced Pistachio Latte	5
Iced Tea Selection	4

HOT DRINKS

COFFEE

Espresso	3
Double espresso	4
Cappuccino	5
Café Latte	5
Turkish	4

TEA

Tea selection	4
---------------	---